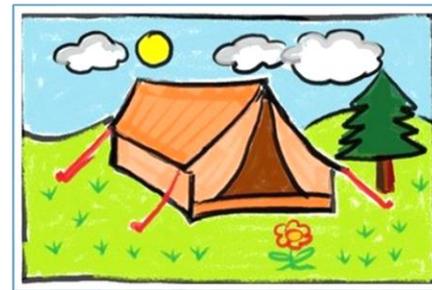


Kay Carl Elementary School

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See You in the Fall!

What a wild year we had and camping was the perfect theme! We hope that you have a wonderful summer and we will see you all in August to go camping again.

Third Grade Theme

In 3rd grade, we have been busy researching a famous person, completing a research paper, and making a biography bottle to resemble our famous person.

We are continuing with our end of year testing and the students are working hard to meet their individual goals. Ask your child if they met their goal.

To prepare for 4th grade, please continue to work on memorizing the multiplication math facts, addition and subtraction with regrouping, and identifying and comparing fractions.

Continue to read daily for 20 minutes and summarize the important events and details in the story. You can always visit the local library and join their Summer Reading Program.

Encourage your child to start a journal. They can decorate the outside to make it personal and write about their daily adventures or thoughts.

Thank you for all your patience and cooperation during this unprecedented year.

Fourth Grade Feature

Fourth grade is so excited to have the students back in the classroom and learning in person. We do miss those who are still virtual and appreciate the consistent participation online. As we continue to move forward in fourth grade we are asking parents to work with their students on their multiplication facts, regrouping with addition and multiplication and to have their student read nightly. In class, we will be working on fractions, angles, measurements, and graphs. We will also be starting a Greek Mythology Unit while reading the novel, The Lightning Thief, by Rick Riordan. This is one of fourth grades favorite units to teach! A fun activity you can do at home with your student is reading the different myths the Greeks had to offer us as well about the different gods and their specific domain. Thank you all for your support throughout the year!

Upcoming Events

May 10

Yogurtland Fundraiser (near LVAC)

May 11

SOT Meeting via Zoom

May 26

Last Day of School

June 1

Camp KCES Summer Camp begins

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Thank You!

Thanks to you eating at Chipotle, KCES raised \$505.38. This money will be used to care for the animals.

Cold and Sweet!

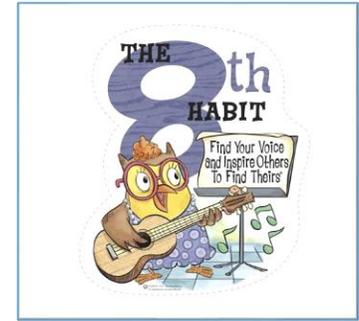
Please join us for a cold, sweet treat at Yogurtland on May 10.



Habit 8: Find Your Voice and Inspire Others to Find Theirs

I have found something that I am good at and really like doing. I am proud, but do not boast. Instead, I use my expertise to help and inspire others.

Suggested Activity: As a family discuss what each individual is good at. Set up a time where each family member can share what they are good at and explain how they contribute to the family as a whole. Also, each family member can teach the family something new.



Counselor Corner



Show your child how to become a more confident test-taker

Test anxiety often comes from self-doubt. And it can affect test outcomes. If your child doesn't think he will succeed, he probably won't. To build your child's confidence:

- Remove the pressure.** Tell your child that tests simply show the teacher what he's learned so far, and what he may need help with.
- Avoid last-minute panic.** Your child should begin to review and study days before the test.
- Teach efficient studying.** Help your child focus on the material he hasn't yet mastered.
- Encourage positive self-talk.** He should tell himself that he is prepared to be successful.
- Help your child visualize success.** Have him close his eyes and picture himself knowing the answers.

Test-taking strategies boost test success

While there are specific ways to approach specific kinds of tests (true-false tests, essay tests and standardized tests, for example) there are some general strategies that will help your elementary schooler do her best on any test.

Remind your child to:

- Read the instructions carefully.** Then she should read them again to make sure she knows exactly what she is supposed to do.
- Look for direction words that tell her what she is supposed to do.** Direction words are words like compare, list, describe, define and summarize.
- Read through all the questions quickly before she starts.** She should think about how much time she has and decide how much time she can spend on each question.



News You Can Use

2021-2022 Online Registration

You can register online for the 2021-2022 school year at campus.ccsd.net/campus/portal. Please call Nyeshia at 702-799-6650 if you have forgotten your username and password.



Camp KCES Summer Camp

We are excited to offer our version of the Summer Acceleration Program. Students will work on academics and participate in fun activities throughout the day. The activities include: baking, crafts, and performing in the play, *101 Dalmatians*. Summer Camp is free for students currently enrolled in Breakfast and lunch will be provided and SafeKey is available. Information will be mailed home for those who signed up for Camp KCES.



•**Read each question carefully as she begins the test.** She should understand exactly what the statement or question says. Then she should determine what she thinks the answer is before she reads any choices provided.

•**Skip a question if she isn't sure of the answer.** She should answer all the questions she knows first. Then she can come back to the others.

•**Allow time to go back and check her answers.** Do they make sense? Are sentences complete? Did she leave out any key words, such as not, that might change her intended meaning?

Regular exercise boosts your child's health and academics



Physical fitness provides many benefits for kids. Studies show that regular physical activity is linked to higher self-esteem and attentiveness in classes. It also lowers the chance of health problems such as type 2 diabetes. To increase your child's activity level:

- **Add movement to screen time.** Encourage your child to take breaks that involve activity when he watches TV or plays video games.
- **Plan family outings.** Pick activities your family enjoys and create some new healthy traditions. You might go for a short walk before dinner every night, or take a hike every Sunday afternoon.
- **Make suggestions.** Suggest your child play games that involve movement, such as tag, soccer and jumping rope. Indoors, try games such as Simon Says and Red Light, Green Light.
- **Be creative.** During chore time, play music or race to finish a job. While doing errands, park a few blocks away from a store and walk. Or, make a quick stop at a playground on the way home.
- **Set an example.** If your child sees you staying fit (stretching, biking, walking with a friend, etc.), he is more likely to be active himself.

Source: A. McPherson and others, "Physical activity, cognition and academic performance: an analysis of mediating and confounding relationships in primary school children," BMC Public Health, BioMed Central.

Teach your child to follow four steps to achieve any goal

Children feel good about themselves when they set goals and succeed in reaching them. Having goals also helps children overcome difficulties. When they're frustrated or upset, they can keep a "picture" in mind of what they're aiming for.

When your child sets a goal, encourage her to choose one she can reach in a short time frame. Then, help her follow four steps for making that happen:



1. **State the goal.** Make sure your child's goal is specific: "My goal is to learn my multiplication facts." She should write it down and post it where she will see it.
2. **Plan how to meet the goal.** "I will make flashcards and study them for 15 minutes every night. I will ask Dad to quiz me on Fridays."
3. **Talk about the goal with others.** This builds commitment. Encourage your child to tell her teacher what she plans to do.
4. **Do each step in the plan, one at a time.** If problems come up, talk about possible solutions. Perhaps she is too tired after school each night to review her flashcards. Maybe she could study them in the mornings while she eats breakfast

instead. Don't forget to praise your child for her effort each step of the way. "I am proud of you for studying your multiplication facts this morning." And when she achieves her goal, celebrate the way her hard work paid off!

Are you helping your child prepare for year-end tests?

The end of the year often means lots of tests for students. Are you preparing your child to do her best on them? Answer yes or no to the questions below to find out:

___ **1. Do you write down test dates** on your family calendar and avoid planning big activities on the day before a test?

___ **2. Do you encourage** your child to study a little each day instead of cramming the night before a test? Research shows this is the best way to learn and remember facts.

___ **3. Do you make sure** your child gets a good night's sleep and eats a healthy breakfast before a big test?

___ **4. Do you encourage** your child to wear comfortable clothing and dress in layers on test days?

___ **5. Do you tell** your child that you have confidence in her and know she will give her best effort?

___ **5. Do you enforce** household rules and the consequences for breaking them fairly and consistently?

How well are you doing?

Mostly yes answers mean you're giving your child the support she needs to do her best on tests. For no answers, try those ideas.

Classical Commentary

Dear KCES Families,

Happy spring! It is so good to see our Champion Musicians in person! Those students not attending music class in person are still completing the video lessons, which are posted every "A" Day. All music assignment responses for Semester 2 are due by May 10th. Our music lessons have moved at a slow pace this school year but we have come to the place where we now will combine all the musical elements: rhythm, melody, form, timbre, dynamics, tempo, and eventually harmony to perform, analyze, and create a variety of musical works or songs. For those students who are still in virtual music (and in person) and need more to do you can go to the following websites: www.classicsforkids.com and www.beta.musicplayonline.com. Students can explore musical notation; the orchestra; composers; and a variety of fun music games. If you go to musicplayonline you will need to log-in as a student and use the code: k212431. There are limited possibilities for exploring music on this website. I have, and will continue to, use some of the activities in my music lessons. If you have any questions or concerns please ClassDojo a message or email: ashcrm@nv.ccsd.net.

Musically Yours and Always a "Treble-Maker",

Ms. Mary Ashcraft

Music Teacher

